

Name _____



Date _____

What Does Health Really Mean?

<p>1. In the 1800s, most people died from ____.</p> <p><input type="radio"/> A Lifestyle diseases</p> <p><input type="radio"/> B Infectious diseases</p>	<p>2. Which is not considered a lifestyle disease?</p> <p><input type="radio"/> A Polio</p> <p><input type="radio"/> B Cancer</p> <p><input type="radio"/> C Heart disease</p> <p><input type="radio"/> D Diabetes</p>
<p>3. Which is not a controllable risk factor?</p> <p><input type="radio"/> A Eating poorly</p> <p><input type="radio"/> B Age</p> <p><input type="radio"/> C Not exercising</p> <p><input type="radio"/> D Smoking</p>	<p>4. Which is a controllable risk factor?</p> <p><input type="radio"/> A Gender</p> <p><input type="radio"/> B Race</p> <p><input type="radio"/> C Age</p> <p><input type="radio"/> D Smoking</p>
<p>5. Heart disease can be caused by ____.</p> <p><input type="radio"/> A Controllable risk factors</p> <p><input type="radio"/> B Uncontrollable risk factors</p> <p><input type="radio"/> C Both kinds of risk factors</p> <p><input type="radio"/> D None of the above</p>	<p>6. What is the leading cause of death among children?</p> <p><input type="radio"/> A Polio</p> <p><input type="radio"/> B Heart disease</p> <p><input type="radio"/> C Cancer</p> <p><input type="radio"/> D Motor vehicle accidents</p>
<p>7. It is important to lead a sedentary life.</p> <p><input type="radio"/> A False</p> <p><input type="radio"/> B True</p>	